

Attraction, Social Attraction, and Social Exclusion (Rejection)

**Lecturer:
Assoc. Prof. Dr. Azizi
Yahaya**



To attract more love and romance, hang
artwork that depicts happy couples.

Presenters:

**Mohammed Alaulddin Omar
Vijayaletchumy, Devaki, and Azizah Sageh**

Loneliness

- ❖ Loneliness can also be an issue of either the quality or the quantity of relationships.
- ❖ Quality rather than the quantity of social interaction (Cacioppo & Hawkley, 2005):

Lonely people spend plenty of time with others, but they do not come away from these interactions feeling satisfied.

Loneliness

- Relationships to large groups or organization are relevant for men, though apparently not for women
- Some people can even stave off loneliness by forming attachments to celebrities/people they see on television.
- Other people fight off loneliness by forming quasi-relationships with nonhuman entities.(Bond with a dog/ cat, treat a potted plant like a person)

Loneliness

- ✓ Lonely people sleep as much as nonlonely people, but the sleep is not as good/as refreshing, and may end up feeling chronically tired.
- ✓ Loneliness also seems to be bad for one's physical health.

[NEXT](#)